



SOUTH DERBYSHIRE ROAD RUNNERS AC

“RUN IN THE NATIONAL FOREST”

(Burton and District Summer Race League)

10.30am Sunday 11th April 2010

Rosliston Forestry Centre

Run under *uk:athletics* rules:Race Permit applied for

Traffic-free course on grass and hard paths of approximately 6 miles

Not suitable for wheelchairs due to soft and uneven ground

Advanced entries close on 4th April 2010– Fee £6 (held at 2009 levels)

Entries on the day accepted up to 10.00am – Fee £8

Unattached Runners £2 extra to above fees

Minimum age on race day 15 years

Car parking is available at the Forestry Centre for which a fee must be paid on the day –a reduced parking fee will be applied. Details in your race pack.

All finishers will receive a souvenir of their participation in the race.

Restaurant/Drinks available. No changing or showers.

Cheques should be made payable to “*South Derbyshire Road Runners*”

Entry Forms and a stamped self-addressed envelope should be returned to:

“Run in the Forest” c/o 131A Ashby Road, Burton on Trent, DE15 0LQ

ENTRY FORM ✕.....

FORENAME SURNAME.....

CLUB.....Male/Female.....

AFFILIATION No (if known)..... DATE OF BIRTH

ADDRESS

.....

TELEPHONE NUMBER

I declare that I am medically fit to compete and understand that I enter at my own risk. The organisation will not be liable for any injury, loss or damage resulting from my participation.

Signed Date

