



# THE NEW STRIDER



Volume 10 Issue 1

Newsletter for Desford Striders Running Club

January 2009

## Happy New Year!

### Derby Runner Cross-country League

## Bagworth Heath is a success once again!

**T**he third round of the cross-country league was hosted by ourselves and was once again run at Bagworth Heath. As a consequence of hosting a race we had a reduced number of members run the very muddy and boggy 5 mile route, with just 17 donning their Walshes and spikes.

However we had an excellent number of helpers and were able to provide the league with yet another excellent event, with a number of the runners thanking us for a well run event and 'interesting' course.

The ladies are continuing to show the men the way forward. They unfortunately lost their 100% winning streak but still managed an excellent second behind Birstall in Division 2. With two races to go they are sitting at the top of the table, with a 3 points cushion to second placed Barrow and 7 ahead of Huncote in third. Emma Marvin was first lady Strider home, achieving an excellent fourth place, to go with her previous 3rd place finishes.

The men are still finding life hard in division one, but picked up their best performance of the season, gaining four very valuable points. Their efforts were assisted by the debut of Martin Burder and the first run of the season from Alistair Richards.

The combined team also came second in their division, enabling them to sit in second place and 7 points ahead of third placed South Derbyshire.

Results and tables are published for your enjoyment, or otherwise.

### Bagworth results

<u>Men</u>	<u>Pos</u>	<u>Time</u>
M. Burder	31	35:13
R. Billington	39	36:04
A. Richards	41	36:06
A. Cole	65	37:38
G. Hobbs	89	39:32
P. Marvin	104	40:41
D. Lawrie	132	42:20
A. Brine	150	43:19
S. Bailey	188	46:23
T. Bassnett	193	47:23
J. Shade	200	48:33
G. Grimsley	206	50:03
H. Long	208	50:34

<u>Ladies</u>	<u>Pos</u>	<u>Time</u>
E. Marvin	4	38:09
M. Billington	14	41:55
M. Aukland	26	43:46
C. Smith	40	46:07

## Thank you!

**As mentioned in the above blurb, we had a great amount of help from people setting up the course and tent, to the marshals, car park attendants and refreshment people.**

**In particular our thanks must go to Ady Cave, who took on the role of Race Director for the first time and did an excellent job of organising the overall event.**

**I would also like to offer our thanks to members husbands, wives, children & friends who turn out to help us. With over 100 hundred members we shouldn't need to rely on this wonderful folk, but without them, we would struggle.**



One of our many helpers. Peter Hobbs got out of his warm bed on his 16th birthday, to stand ankle deep in mud for the Strider cause! Boy was he happy!! Here is on the 'phone to the NSPCC!

### Derby Runner League Tables

Team - Div 2		Ladies - Div 2		Men - Div 1	
Barrow	33	Striders	32	Hinckley	24
Striders	29	Barrow	29	Hatton	23
S. Derbyshire	22	Huncote	25	Wreake	20
Huncote	19	Birstall	20	Hermitage	16
OWLS	19	Derby Tri	8	Shepshed	16
Harborough	9	Beaumont	7	S.Derbyshire	14
Derby Tri	8	S.Derbyshire	6	Striders	9
Beaumont	7	R.Royce	0	Westend	8
Roadhogs	6	Stilton	0	Ivanhoe	5
Stilton	0	R.Hoggs	0		
Rolls Royce	0	Harborough	0		

### Derby Runner Cross-country League 2008/09 Fixtures

18 Jan	- Shepshed	- Grace Dieu
15 Feb	- Ivanhoe/Hermitage	- Foremark Res
8 Mar	- Roadhogs	- Huncote (relays)
Mar/Apr	- National & Plate Final (tba)	



Date: 15th February 2009  
 Club: Hermitage & Ivanhoe  
 Venue: Foremark Reservoir  
 Time: 1015 (kids)  
       1050 (men)  
       1105 (ladies)  
 Dist: 5-6M (adults)  
 Cost: £1- kids; 21- adults

# Junior Striders at Bagworth

The Bagworth race produced the largest turnout of Juniors so far this season, not just in terms of Striders, but in overall numbers. Sixty-four young people chased after a festively dressed 'hare', taking on either one or two laps of the very wet and boggy course. Included in these numbers was one pre-school lass from Ivanhoe and judging by the smile on her face, she was having a wail of a time!

In terms of Striders we had six run, with Kieran Billington claiming an excellent 3rd place in the Year 1-6 race. He was followed in by his brother Matty, who took part in his first race of this season. The other two in the younger race was Edward Percy (31st) and Georgina Tebbutt.

Just two in the Year 7-12 run, where Alex Percy came 16th and Emily Hobbs finished in a time of 18.06.



### Bosworth Junior results

Years 1-6	Pos	Time
Kieran Billington	3	5:10
Matty Billington	9	5:25
Edward Percy	31	7:32
Georgina Tebbutt	38	9:38
41 runners		
Years 7-12		
Alex Percy	16	13:36
Emily Hobbs	23	18:06
23 runners		

Andy Ball cuts a splendid figure in his festive 'hare' outfit.



Matty (26) and Kieran Billington (27) set off at the start of the junior race.

Alex Percy (43) pushes it all the way to the line in the Year 7-12 race.



Leicestershire Road Running League.

# Disappointing start to the road season for the Striders

**I**n contrast to the host club enjoying a record turnout for the Barrow 6, the club experienced it's their lowest league turnout for the opening fixture in 5 years. Only 15 Striders took part and unfortunately featured just two ladies, which meant we were unable to field a full team, the first time this has happened in nearly three years. This is rather disappointing, especially as the ladies had gained promotion last year.

Marie Billington and Marie Hobbs were our two female representatives, finishing 20th and 100th respectively. Despite their efforts they team lies bottom of the division, but with 10 races to go there is time to try and move up a couple of places and stay in the division, which would be an excellent achievement. However on the positive side the ladies vet score puts the team fourth from bottom.

Whilst the men were able to field both senior and veteran teams, the team scores were effected by the absence of a few people, also leaving them bottom in their respective divisions.

There was some cheering news however. Young Kieran Smith made his league debut and completed the 6 mile course in a very creditable 46.36. He finished just 10 seconds ahead of Steve Boorman, who made a very welcome return to club running. There were a couple of other close battles between Striders, with Steve Bailey managing to finish 11 seconds ahead of Nigel Trotman and even closer still, Lee Barber making it to the line just two seconds ahead of Paul Goddard.

### 2009 LRRL fixtures

#### Winter

- 25 Jan Markfield 10K
- 8 Feb Ashby 5
- 22 Feb or
- 29 Mar Kibworth 6
- 14 Mar Desford 10K

(Presume entry fee is still £2.50, payable on the day.)

#### Summer

- 10 May Hinckley 1/2
- 7 Jun Swithland 6
- 28 Jun Prestwold 10k
- 8 Jul Hungarton 7
- 12 Aug Huncote 5
- 6 Sep Owls 10

(Entry fees vary between races, see individual club websites for details)

### Barrow 6M

<u>Men</u>	<u>Time</u>	<u>Pos</u>
R. Billington	35:43	43
A. Cole	39:51	147
L. Barber	40:53	168
P. Goddard	40:55	170
D. Playford	45:45	283
K. Smith	46:36	302
S. Boorman	46:46	303
H. Long	47:04	306
J. Shade	48:24	318
S. Bailey	49:21	329
N. Trotman	49:32	333
S. Morris	1:04:15	374
S. Hibben	1:14:06	378
<u>Ladies</u>	<u>Time</u>	<u>Pts</u>
M. Billington	42:19	20
M. Hobbs	51:30	100

### LRRL 2008 Men Div. 2

	<u>Pts</u>
Huncote	20
Fleckney	17
Hinckley	15
Roadhoggs	14
Shepshed	13
Beaumont	12
<b>Desford</b>	<b>11</b>



Date: 25th Jan  
 Club: Beaumont  
 Venue: Sth. Charnwood School, Broad Lane, Markfield  
 Time: 1030 hrs  
 Distance: 10K  
 Cost: £2.50

### Leicester Running Shop LRRL Tables

#### LRRL 2008 Ladies Div. 1

	<u>Pts</u>
Birstall	20
Barrow	17
Wreake	15
Huncote	14
Fleckney	13
Barrow B	12
Hinckley	11
OWLS	10
Beaumont	9
<b>Desford</b>	<b>8</b>

#### LRRL 2008 Men Vet Div. 2

	<u>Pts</u>
Leics Cori	20
Nuneaton	17
Hermitage	15
West End	14
Hinckley	13
Fleckney	12
<b>Desford</b>	<b>11</b>

#### LRRL 2008 Ladies Vet Div. 1

	<u>Pts</u>
Barrow	25
Leics Tri	22
Birstall	20
Huncote	19
Hinckley	18
Fleckney	17
Ivanhoe	16
Wreake	15
OWLS	14
S. Derbys	13
Harborough	12
Hermitage	11
Roadhoggs	10
Nuneaton	9
Beaumont	8
Charnwood	7
<b>Desford</b>	<b>6</b>
West End	5
Stilton	4
Whetstone	3



Got anything you want to discuss at the AGM?

Then get it on the agenda!

Just let a Committee member know a.s.a.p, preferably at least 7 days before the meeting.

Don't forget the AGM is on

**Thu 19th February 2009**

Have your say. It's your club too!

**County Cross-country Championships  
Brooksby College, Melton  
Sat 10th January, 2009**



ting back into some good training, can't see me sticking with him all through the Summer!) Anyway on this occasion , and as usual he set off a great pace and it was all I could do just to keep him within sight.

Over the first small lap his lead was around 30 yards or so and he extended to around 15s by the time we finished the first of the two larger laps. Normally this would have 'knocked the stuffing' out of me. But remembering the recent Huncote hash and the similar position I was in, I gritted my teeth and held on.



Alan coming down the steep hill just around the corner from the finish.

ers cheered him on. Despite him saying that he was only there because his young lad, Andrew, ran in the junior race, I suspect he secretly enjoys it! Speaking of young Andrew, congratulations to him, he runs for Charnwood (disciplinary hearing has been arranged for Alan!) and was fourth home for his club. Well done Andrew!

My thanks to Marie (my true boss!) for her moral and vocal support and for taking these pictures. Unfortunately I didn't show her the joys and uses of the telephoto lens!

Over the last couple of years the number of Striders taking part in the cross-country championship has gradually reduced, to just three men and no ladies running at the Leicestershire event at the beginning of this month.

The three hardy souls, on what was a bitterly cold day, were Alan Brine, Andrew Cole and myself (Graham Hobbs) and we took and the two and a half laps over a 9K route, consisting of mainly frozen farm land. With a mixture of steady inclines and a couple of steep drops, the dry conditions actually allowed for relatively fast times.

As I say just the three of us, but myself and Andrew continued or 'rivalry'. At present we seem to be pretty evenly matched (probably because Andrew is just get-



Alan's head pokes out from behind the 'Ninja Runner'

Alan, myself and Andrew wait for the off. It must have been cold, I'm wearing long sleeves!

By the second lap I was reeling him and eventually sat on his heels with around a third of a mile to go. I tried a quick spurt passed him, he came back. Have I blown it. Sat in behind him again and with about 300 yards to go, tried again. Down the steep hill and I was clear, having just enough to keep him at bay.

Alan came in not long after and must be enjoying his recent conversion to the fields as he even had enough to give us as his team mates and support-



Pushing it all the way to the line, with the fear that Andrew would catch me!