

DESFORD STRIDERS
Running Club

NEWSLETTER No 1

Hello and welcome.

Thank you for your interest in helping to form and participate in a running and jogging club in Desford.

To help get things off the ground, we have set up a meeting on THURSDAY 28th FEBRUARY 1991 in the COMMUNITY LOUNGE AT BOSWORTH COLLEGE AT 8.00 PM to introduce everybody to one another and to discuss the general aims of the club. We hope that you will be able to attend.

Our initial goal is to bring together runners of differing age and experience to form a club that will appeal to marathon runners and complete beginners alike.

We hope to produce a monthly newsletter, informing members of up and coming races and events, details of club meetings and general information, so that everyone is aware of what is going on. We also hope you will benefit from our own experiences and we will be only too pleased to help anyone who requires advice on training, injuries or buying the correct running kit. Also by affiliating to the A.A.A. (Amateur Athletics Association) we will be entitled to discounts on race entries and when buying goods from sports shops.

Please find attached, an application for membership. We would be grateful if you would complete and return this form to us as soon as possible, at our addresses listed below, or to the inaugural meeting on Thursday.

For further information, please contact;

STEVE MORRIS

Telephone:

or

JOHN SILVERWOOD

Telephone:

Thank you.