

DESFORD STRIDERS RUNNING CLUB

NEWS SHEET APRIL 1994

Here is the latest news to keep you all up to date with what the Striders are up to:

1. The coach for the London Marathon on Sunday 17.04.94 is filling up fast, but there are a few seats left - so grab them quickly.

The total cost is only £7 per person. A £2 deposit would be required ASAP, or you can pay the full amount if preferred. Please pay the balance of £5 by 14.04.94. Please take your own food, it's cheaper and more convenient.

2. The entry forms for the DESFORD STRIDERS $\frac{1}{4}$ MARATHON are now available from John/Mary S. Get yours early to avoid disappointment. It will be on Sunday 12.06.94 at 11 am from Desford Primary School. Please come and support your club, and bring the family to cheer you on. Good prizes. Please don't forget to wear Striders uniform as it is a Summer League race.

3. Entry forms for various forthcoming races are available from John/Mary S. or see notice board on club nights. don't forget block entries can be arranged through the club. See Mary for this.

4. We hope to arrange a treasure hunt on Friday 20.05.94 at 6:30 pm possibly from White Moors car park at Shenton. You will need a full tank of petrol, and a £1 per car entry fee to cover the winners prize. The evening will end with a pub meal (optional). That's if you can find the pub.

5. On 25.06.94 we shall be holding a BBQ at Botcheston Village Hall at 7 pm.

It will be a presentation evening come gala night, so it should be very good fun, and definitely not to be missed. This obviously follows the Striders Club $\frac{1}{2}$ marathon run, so some congratulations should also be on the menu. Further details to follow, but put the date in your diary.

6. In order to enjoy any of these functions, you must first be a fully paid up member so just to remind the very last few of you who haven't coughed up your yearly subs, Gwyneth is awaiting your dosh. (by the way it's £12).

7. Now the lighter nights are here, lets hope more runners will turn up on Thursdays for the club run. Also after club nights in the bar for our usual picnics - the more the merrier. Just bring a boot full of food.