

## Prestwold 10km Handicap Results

Name	Entry Pace	H'cap /m	Race H'cap	Race time	Total Time	Points	Race Pace	Exit H'cap
Mills Adam	0:07:56	04:42	29:06	00:49:12	01:18:18	<b>75</b>	07:56	07:56
Curtis Matt	0:09:26	03:12	19:48	00:58:32	01:18:18	<b>75</b>	09:26	09:26
Poole,Rhydell	0:08:37	04:01	24:52	00:54:14	01:19:06	<b>73</b>	08:45	08:37
Smith Tim	0:06:18	06:20	39:14	00:39:58	01:19:12	<b>72</b>	06:27	06:18
Barden Robert	0:07:23	05:15	32:34	00:46:39	01:19:13	<b>71</b>	07:31	07:23
Robertshaw,Jack	0:05:49	06:49	42:15	00:36:58	01:19:13	<b>70</b>	05:58	05:49
Birnie,Ian	0:08:42	03:56	24:21	00:54:55	01:19:16	<b>69</b>	08:51	08:42
Adie,Alexander	0:05:23	07:14	44:52	00:34:31	01:19:23	<b>68</b>	05:34	05:23
Veitch,Richard	0:06:47	05:50	36:13	00:43:19	01:19:32	<b>67</b>	06:59	06:47
Clough,Simon	0:07:26	05:12	32:14	00:47:28	01:19:42	<b>66</b>	07:39	07:26
Francis Ryan	0:07:01	05:37	34:47	00:45:26	01:20:13	<b>65</b>	07:20	07:01
Oulton,James	0:07:24	05:13	32:22	00:47:52	01:20:14	<b>64</b>	07:43	07:24
Botterill, Lisa	0:08:14	04:23	27:12	00:53:53	01:21:05	<b>63</b>	08:41	08:14
Newton,Emily	0:07:28	05:09	31:57	00:49:16	01:21:13	<b>62</b>	07:57	07:28
Heeley,Stewart	0:07:54	04:43	29:16	00:51:58	01:21:14	<b>61</b>	08:23	07:54
Billington,Richard	0:06:22	06:16	38:51	00:42:45	01:21:36	<b>60</b>	06:54	06:22
Heeley,Arleene	0:12:15	00:23	02:20	01:19:18	01:21:38	<b>59</b>	00:12:47	12:15
Taylor,Ami	0:08:59	03:39	22:35	00:59:09	01:21:44	<b>58</b>	09:32	08:59
Hobbs,Graham	0:06:52	05:45	35:41	00:46:07	01:21:48	<b>57</b>	07:26	06:52
Percy,Duncan	0:07:39	04:59	30:51	00:51:05	01:21:56	<b>56</b>	08:14	07:39
Crane,Carla	0:10:58	01:40	10:21	01:11:56	01:22:17	<b>55</b>	11:36	10:58
Norman David	0:10:49	01:49	11:14	01:11:07	01:22:21	<b>54</b>	11:28	10:49
Bettoney,Lisa	0:07:59	04:39	28:50	00:53:34	01:22:24	<b>53</b>	08:38	07:59
Miller,Amy	0:08:27	04:10	25:53	00:57:00	01:22:53	<b>52</b>	09:12	08:27
Miles,Damian	0:11:06	01:32	09:28	01:13:25	01:22:53	<b>51</b>	11:50	11:06
Roberts,C	0:08:02	04:36	28:29	00:54:25	01:22:54	<b>50</b>	08:47	08:02
Moran,Brian	0:07:39	04:59	30:52	00:52:22	01:23:14	<b>49</b>	08:27	07:39
Kent,Paul	0:07:50	04:48	29:46	00:53:38	01:23:24	<b>48</b>	08:39	07:50
Garrett,Jenny	0:09:40	02:58	18:24	01:05:07	01:23:31	<b>47</b>	10:30	09:40
Maddocks,Joanne	0:08:10	04:28	27:41	00:59:09	01:26:50	<b>46</b>	09:32	08:10
Matthews,Mike	0:07:39	04:59	30:52	00:57:18	01:28:10	<b>45</b>	09:15	07:39
Churcher,Chris	0:08:45	03:52	24:00	01:06:36	01:30:36	<b>44</b>	10:45	08:45
Brown,Elizabeth	0:09:26	03:12	19:51	01:11:04	01:30:55	<b>43</b>	11:28	09:26
Lord,Pam	0:08:23	04:15	26:18	01:05:06	01:31:24	<b>42</b>	10:30	08:23